

ELBOW ARTHROSCOPY COURSE



ircad
France
STRASBOURG
UNIVERSITY



DATE

FEBRUARY 13 - 14

COURSE SUPERVISOR

C. Mathoulin (FR)

GENERAL DIRECTORS

M. Burnier (FR)

R. van Riet (BE)

8:15 am | REGISTRATION AND WELCOMING OF PARTICIPANTS

8:30 am | THEORETICAL SESSION 1

INTRODUCTION TO ELBOW ARTHROSCOPY

- Clinical elbow examination - interactive session
- Arthroscopic elbow exploration: step-by-step exploration, making it easy and safe
- Complications of elbow arthroscopy
- Osteochondritis dissecans and foreign bodies

9:45 am | HANDS-ON SESSION 1

- Laboratory demonstration
- Installation, portals, loose bodies removal

12:30 pm | LUNCH AT THE INSTITUTE

1:00 pm | THEORETICAL SESSION 2

FROM EPICONDYLITIS TO LATERAL INSTABILITY

- Lateral epicondylitis - should we say "chronic lateral elbow pain management"?
- Percutaneous and arthroscopic tennis elbow treatment technique
- Arthroscopic management and algorithm of lateral elbow instability
- Arthroscopic treatment of lateral elbow instability: when and how to perform plication?

CLINICAL CASES

2:15 pm | HANDS-ON SESSION 2

- Laboratory demonstration
- Lateral epicondylitis, arthroscopic ligament plicature
- Arthroscopic LLE reinsertion with anchor

6:30 pm | END OF SESSION

8:00 pm | DINNER IN HONOR OF THE PARTICIPANTS

7:50 am | EVALUATION OF THE PREVIOUS DAY'S SESSIONS

8:00 am | THEORETICAL SESSION 3

WHAT ABOUT ELBOW ARTHROSCOPY IN TRAUMATOLOGY?

- Wrightington classification
- New classification
- Arthroscopic radial head fixation
- Arthroscopic coronoid fixation and Terrible Triad

CLINICAL CASES

ARTHROSCOPIC TREATMENT OF ELBOW CONTRACTURE

- Etiology of elbow stiffness: arthroscopic vs open approach
- Arthroscopic arthrolysis for stiffness of the elbow: technique

9:45 am | HANDS-ON SESSION 3

- Laboratory demonstration
- Open coronoid fixation (coronoid plate)
- Elbow arthrolysis, osteophyte resection and olecranon fossa fenestration: tips and tricks

12:30 pm | LUNCH AT THE INSTITUTE

1:30 pm | GLOBAL ELBOW NETWORK

- International videoconference

**5:00 pm | END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE**