

WRIST ARTHROSCOPY ADVANCED COURSES

ircad
France
STRASBOURG
UNIVERSITY



DATES

MARCH 6 - 7

NOVEMBER 27 - 28

COURSE SUPERVISORS

C. Mathoulin (FR)
J.R. Haugstvedt (NO)
P. Liverneux (FR)

GENERAL DIRECTORS

A. Arnaout (FR)
L. Merlini (FR)

COURSE MANAGERS

V. Carratala (FR)
C. Taleb (FR)

SEASONAL WRIST FORUM COURSE MANAGERS

L. Marcovici (IT)
C. Taleb (FR)

8:00 am | REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am | THEORETICAL SESSION 1 – TFCC

- TFCC repair and foveal refixation (transosseous or anchor)
- TFCC reconstruction
- DRUJ arthroscopy

9:30 am | HANDS-ON SESSION 1

- DRUJ arthroscopy
- TFCC repair
- TFCC foveal refixation
- Suspensoplasty

12:30 pm | LUNCH AT THE INSTITUTE

1:30 pm | THEORETICAL SESSION 2 – SL, LT AND PERILUNATE INJURIES

- SL wide ADCLR
- SL volar repair
- SL reconstruction
- LT repair and reconstruction
- Perilunate dislocation management
- Distal radius fracture: arthroscopic-assisted technique and controversies about ligament repair

2:30 pm | HANDS-ON SESSION 2

- SL wide ADCLR
- Supercapsuloplasty, double capsuloplasty, and related techniques
- SL volar repair, SL reconstruction
- LT repair and reconstruction

6:00 pm | END OF SESSION

8:00 pm | DINNER IN HONOR OF THE PARTICIPANTS

8:15 am | **EVALUATION OF THE PREVIOUS DAY'S SESSIONS**

8:30 am | **THEORETICAL SESSION 3 - SCAPHOID, STT AND THUMB CMC**

- Arthroscopic grafting for scaphoid nonunion and management of proximal pole nonunion
- Scaphoid nonunion: adjuvant arthroscopic options
- Lunate bone ganglion
- Treatment of STT arthritis: arthroscopic excision of the distal scaphoid
- CMC arthroscopy and treatment options for arthritis, including arthroscopic excision of the distal trapezium

9:30 am | **HANDS-ON SESSION 3**

- Scaphoid nonunion grafting
- Distal radius core decompression
- Lunate bone ganglion
- STT resection techniques
- CMC: partial resection, interposition

1:30 pm | **LUNCH AT THE INSTITUTE**

2:30 pm | **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

4:30 pm | **END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE**