

WRIST ARTHROSCOPY BASIC COURSE

ircad
France
STRASBOURG
UNIVERSITY



DATE

MARCH 6 - 7

COURSE SUPERVISORS

C. Mathoulin (FR)

J.R. Haugstvedt (NO)

P. Liverneaux (FR)

GENERAL DIRECTORS

A. Arnaout (FR)

L. Merlini (FR)

COURSE MANAGERS

A. Amundsen (NO)

L. Marcovici (IT)

SEASONAL WRIST FORUM
COURSE MANAGERS

L. Marcovici (IT)

C. Taleb (FR)

8:00 am | REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am | THEORETICAL SESSION 1

- Principles of wrist arthroscopy and technique (setup, instruments, triangulation principle)
- Wrist arthroscopic anatomy and portals
- Indications and complications

9:30 am | HANDS-ON SESSION 1

- Presentation of setup, instruments, portals (3-4, 6R, 1-2, UMC, RMC)
- Exploration of normal wrist joint (radio-carpal, midcarpal)
- Removal of loose bodies, synovectomy

12:30 pm | LUNCH AT THE INSTITUTE

1:30 pm | THEORETICAL SESSION 2

- Removal of dorsal wrist ganglia
- Removal of volar wrist ganglia
- Radial styloidectomy
- Distal resection of ulnar head
- TFCC peripheral repair

2:30 pm | HANDS-ON SESSION 2

- Dorsal and volar ganglia resection
- Radial styloidectomy
- Arthroscopic wafer procedure
- TFCC peripheral repair

6:00 pm | END OF SESSION

8:00 pm | DINNER IN HONOR OF THE PARTICIPANTS

8:15 am | EVALUATION OF THE PREVIOUS DAY'S SESSIONS**8:30 am | THEORETICAL SESSION 3**

- Scapholunate ligament complex (SLLC): anatomical basis and arthroscopic assessment
- SLI ADCLR technique
- Scaphoid fracture: arthroscopic-assisted technique
- Distal radius fracture: arthroscopic-assisted technique and current controversies in ligament repair

9:30 am | HANDS-ON SESSION 3

- ADCLR technique
- Arthroscopic-assisted osteosynthesis of scaphoid fracture
- Arthroscopic-assisted osteosynthesis of distal radius fracture

1:30 pm | LUNCH AT THE INSTITUTE**2:30 pm | IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

**4:30 pm | END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE**