

# WRIST ARTHROSCOPY MASTER COURSE

**ircad**  
France  
STRASBOURG  
UNIVERSITY



DATE

**NOVEMBER 27 - 28**

COURSE SUPERVISORS

**C. Mathoulin (FR)**

**J.R. Haugstvedt (NO)**

**P. Liverneaux (FR)**

GENERAL DEPUTY DIRECTORS

**A. Arnaout (FR)**

**L. Merlini (FR)**

COURSE MANAGERS

**M. Burnier (FR)**

**F. Corella (ES)**

SEASONAL WRIST FORUM  
COURSE MANAGERS

**L. Marcovici (IT)**

**C. Taleb (FR)**

**8:00 am | REGISTRATION AND WELCOMING OF THE PARTICIPANTS**

**8:30 am | THEORETICAL SESSION 1 – TFCC**

**SL RECONSTRUCTION**

- Anatomy incl. biomechanics, classification
- Arthroscopic-assisted SL reconstruction
- “My technique” by 3 experts
- Discussion with 2 or 3 cases

**EXTRINSIC LIGAMENTS**

- Anatomy and biomechanics of extrinsic ligaments
- Traumatic non-dissociative carpal instability
- Perilunate instability
- Case discussions

**10:00 am | HANDS-ON SESSION 1**

- According to the topic, different techniques of SL reconstruction, extended ADCLR technique, then more hybrid techniques, including extrinsic ligament reconstructions

**12:30 pm | LUNCH AT THE INSTITUTE**

**1:30 pm | THEORETICAL SESSION 2 – SL, LT AND PERILUNATE INJURIES**

**TFCC: FOVEAL REPAIR AND RECONSTRUCTION**

- Anatomy and biomechanics, pisiform-triquetral arthroscopy
- “My technique” by 3 experts
- Discussion of 2 or 3 cases

**ARTHROPLASTY WITH INTERPOSITION RESECTION**

- “My technique” by 2-3 experts
- Discussion of 2 or 3 cases

**2:30 pm | HANDS-ON SESSION 2**

- Hands-on exercises focused on various TFCC reconstruction techniques, including hybrid, arthroscopic-assisted, and open approaches, as well as different interposition arthroplasty methods.

**6:00 pm | END OF SESSION**

**8:00 pm | DINNER IN HONOR OF THE PARTICIPANTS**

**8:15 am | EVALUATION OF THE PREVIOUS DAY'S SESSIONS****8:30 am | THEORETICAL SESSION 3****SCAPHOID NON-UNION**

- Anatomy including blood supply, Biomechanics
- Scaphoid Non-Union (SNU) - "My technique" by three experts (choice of graft, need for reduction, type of osteosynthesis, proximal pole considerations)
- Discussion of 2 or 3 cases

**ARTHROSCOPIC BONE FUSION AND SCAPHOID EXCISION**

- "My technique" by 2-3 experts

**KIENBÖCK'S DISEASE**

- Introductory talk with anatomy, staging, histology, MRI, CT, and other diagnostic tools
- Arthroscopic treatment in different stages
- Different options and techniques by different speakers

**9:30 am | HANDS-ON SESSION 3**

- Different techniques for SNU
- Partial bone fusion
- Kienböck's disease

**1:30 pm | LUNCH AT THE INSTITUTE****2:30 pm | IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

**4:30 pm | END OF THE COURSE  
DELIVERY OF CERTIFICATES OF ATTENDANCE**