
DECEMBER 15

HERNIA SURGERY

7:45 am ◦ REGISTRATION AND WELCOMING OF PARTICIPANTS

8:00 am ◦ OPTIONS A AND B
LIVE AND PRE-RECORDED OPERATIVE DEMONSTRATIONS
> TAPP – TEP – Anterior approach

10:00 am ◦ **THEORETICAL SESSION**
Inguinal hernia
> Classification and anatomy
> TAPP
> TEP
> The best choice for your patient: approach / indication (anterior vs. posterior /TAPP /TEP)
Controversies in inguinal hernia care
> Management of strangulated hernia
> The challenge of the sports hernia
> Pain after inguinal hernia repair (origin, frequency, prevention, remove the mesh?)
Special features of hernia in children
> Inguinal hernia
> Diaphragmatic hernia
Long-term outcomes
> Quality of life: is surgery necessary? Is there a role for “watchful waiting”?

1:00 pm ◦ LUNCH AT THE INSTITUTE

2:00 pm ◦ OPTION A: Afternoon free
OPTION B
TRAINING ON LIVE TISSUE
> Inguinal hernia
> Ventral hernia
> Diaphragmatic hernia
> Stoma and parastomal hernia
> Bowel resection and suture
> Ureter identification, suture and stenting

6:30 pm ◦ END OF SESSION

DECEMBER 16

HERNIA SURGERY

7:45 am ○ EVALUATION OF THE PREVIOUS DAY

8:00 am ○ OPTIONS A AND B

LIVE AND PRE-RECORDED OPERATIVE DEMONSTRATIONS

> Ventral hernia: laparoscopic and open approach

11:00 am ○ THEORETICAL SESSION

Ventral hernia

Anatomy & evaluation

> Anatomy of the abdominal wall

> Abdominal wall function

Surgical technique

> Personalized care: size and position of the mesh

> Management of the defect

> Fixation of the mesh

> Seroma in ventral hernia

1:00 pm ○ LUNCH AT THE INSTITUTE

2:00 pm ○ OPTIONS A AND B

THEORETICAL SESSION

Complex abdominal wall defects

> The plastic surgery perspective

> Reconstructive options

> Component separation

> Management of loss of domain

Special hernias

The problem with parastomal hernias & other atypical abdominal wall defects

> Mechanism of occurrence

> Therapeutic options

> Prevention & outcomes

> Atypical defects

Hernia meshes and biomaterials: 1. Rationale on mesh choice

> Mesh fundamentals

> Evolving understanding of long-term mesh/human compatibility

> The liability minefield of mesh use by surgeons

> Future of hernia-focused biomaterial development

> Matching mesh performance to patient needs

Hernia meshes and biomaterials: 2. Consensus session and vote

> Type of repair depending on size, history, infection, BMI, ...

Challenging situations

> Laparoscopic and open challenging cases

> Management of rectus diastasis

6:00 pm ○ END OF SESSION

8:00 pm ○ DINNER IN HONOR OF PARTICIPANTS

DECEMBER 17

HERNIA SURGERY

7:45 am ◦ EVALUATION OF THE PREVIOUS DAY

8:00 am ◦ OPTIONS A AND B

THEORETICAL SESSION

Abdominal wall repair: final thoughts

- > Place of negative pressure therapy
- > AWR: panniculectomy & cosmetic results
- > Quality of life after AWR when not to operate

Extraperitoneal & retromuscular AWR techniques

- > Inguinal hernias - TEP and others, an evolution
- > eTEP techniques for AWR
- > The expanded role of Rives-Stoppa hernia repair in 2020
- > Robotics in AWR:
 - Indication / application
 - Debates on the use of the robot
 - Inguinal hernia repair (pros & cons)
 - AWR (pros & cons)
 - Unusual ventral hernias (pros & cons)

CLOSING LECTURE

Conclusion: Patient partnership in hernia health: new direction

12:00 pm ◦ LUNCH AT THE INSTITUTE

END OF THE COURSE

DELIVERY OF CERTIFICATES OF ATTENDANCE