



ELBOW ARTHROSCOPY: MAKE IT SAFE AND EASY WITH THE SUPPORT OF SECEC-ESSSE



February 10-11

COURSE SUPERVISOR

C. Mathoulin (FR)

COURSE DIRECTORS

M. Burnier (FR)
R. Van Riet (BE)

GUEST SPEAKER

D. Eygendaal (NL)

The Arthroscopic Elbow Course will include both practical lectures and hands-on sessions on anatomical specimens.

World-renowned experts in the field of elbow surgery will teach participants to perform basic to highly advanced arthroscopic elbow procedures. The experts will explain the procedures with step-by-step technique videos and presentations.

Course participants will be encouraged to ask questions, bring cases and actively interact in group discussions.

Practice makes perfect and participants will have the opportunity to perform elbow arthroscopy and try all procedures during the hands-on sessions on anatomical specimens.

8:00 am — REGISTRATION AND WELCOMING OF PARTICIPANTS

8:30 am — THEORETICAL SESSION 1
"HOW TO GET STARTED WITH ELBOW ARTHROSCOPY"

- Clinical elbow examination interactive session
- Portals in elbow arthroscopy
- Arthroscopic elbow exploration: step-by-step plan to make it easy and safe
- Indications for elbow arthroscopy
- Complications of elbow arthroscopy

10:00 am — HANDS-ON SESSION

- Set-up, portals, loose body removal
- Laboratory demonstration

12:30 pm — LUNCH AT THE INSTITUTE

1:30 pm — THEORETICAL SESSION 2
"FROM EPICONDYLITIS TO LATERAL INSTABILITY"

- Percutaneous and open tennis elbow treatment technique
- Arthroscopic tennis elbow treatment technique
- Open tennis elbow
- Arthroscopic treatment of instability
- Open treatment for elbow instability

CLINICAL CASES

3:00 pm — HANDS-ON SESSION 2

- Lateral epicondylitis, plica removal, arthroscopic ligament plication
- Laboratory demonstration

6:00 pm — END OF SESSION

8:00 pm — DINNER IN HONOR OF PARTICIPANTS

7:45 am – EVALUATION OF THE PREVIOUS DAY

8:30 am – THEORETICAL SESSION 3

"WHAT ABOUT ELBOW ARTHROSCOPY IN TRAUMATOLOGY?"

- New classification
- Arthroscopic radial head fixation: technique video
- Arthroscopic coronoid fixation, terrible triad, technique video
- Soft tissue trauma, biceps

"WHAT ABOUT ELBOW ENDOSCOPY?"

- Biceps
- Ulnar nerve

CASE DISCUSSION

10:00 am – HANDS-ON SESSION

- Radial head fixation, coronoid fixation (Cannulated screw / Coronoid plate)
- Laboratory demonstration

12:30 am – LUNCH AT THE INSTITUTE

1:30 pm – THEORETICAL SESSION 4

"ARTHROSCOPIC TREATMENT IN ELBOW CONTRACTURE"

- Etiology of elbow stiffness -Treatment of non-arthritis post-traumatic elbow stiffness, arthroscopic or open
- Arthroscopic arthrolisis for stiffness of the elbow: my indications and technique
- Arthroscopic debridement for osteoarthritis of the elbow

3:00 pm – HANDS-ON SESSION

"TECHNICAL SKILLS UNDER ULTRASOUND"

- Elbow arthrolisis, osteophyte resection and olecranon fossa fenestration: tips and tricks
- Laboratory demonstration

5:00 pm – END OF COURSE

DELIVERY OF CERTIFICATES OF ATTENDANCE