



2022
STRASBOURG UNIVERSITY

OBSTRUCTIVE SLEEP APNEA UPPER AIRWAY SURGERY

ADVANCED COURSE

DATE

April 19-20

COURSE DIRECTORS

L. Haddad (BR)

F.L. Martinho Haddad (BR)

F. Montevecchi (IT)

C. Vicini (IT)

ircad
France

APRIL 19

SLEEP APNEA

7:45 am ○ REGISTRATION AND WELCOMING OF PARTICIPANTS

8:00 am ○ **THEORETICAL SESSION**

- > Obstructive sleep apnea: overview
- > Upper airway evaluation
- > Sleep endoscopy
- > Craniofacial evaluation
- > Nasal surgery
- > Palatal procedures and pharyngoplasty

10:00 am ○ **VIDEOS SESSION**

- > Nasal procedures
- > Palatal procedures
- > Tongue base surgery
- > Adenoidectomy
- > Discussion

12:00 pm ○ LUNCH AT THE INSTITUTE

1:00 pm ○ **HANDS-ON SESSION ON ANATOMICAL SPECIMENS**

- > Turbinate radiofrequency and turbinoplasty
- > Palatal radiofrequency
- > Adenoidectomy
- > Glossectomy

5:30 pm ○ END OF SESSION

8:00 pm ○ DINNER IN HONOR OF PARTICIPANTS

APRIL 20

SLEEP APNEA

7:45 am ○ EVALUATION OF THE PREVIOUS DAY

8:00 am ○ **THEORETICAL SESSION**

- > Pharynx and hypoglossal nerve anatomy
- > Hypoglossal nerve dissection
- > Perioperative management

10:00 am ○ **VIDEOS SESSION**

- > Pharyngoplasty
- > Barbed reposition
- > Hypoglossal nerve dissection

12:00 pm ○ LUNCH AT THE INSTITUTE

1:00 pm ○ **HANDS-ON SESSION ON ANATOMICAL SPECIMENS**

- > Tonsillectomy
- > Pharyngoplasty
- > Barbed reposition
- > Hypoglossal nerve dissection
- > Pharynx anatomical dissection

5:30 pm ○ END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE

COURSE OBJECTIVES

- > To provide training for different technologies to perform upper airway surgery for obstructive sleep apnea
- > To practice on anatomical specimens in order to give participants the technical tools to improve their skills.
- > To perform nasal surgery, adenoidectomy, pharyngoplasty, tongue surgery, and palatal surgery
- > To review the upper airway anatomy

EDUCATIONAL METHODS

- > Interactive theoretical and video sessions between Faculty and course participants
 - > Hands-on training on anatomical specimens
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