

8:00 am ◇ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ◆ THEORETICAL SESSION 1

- Principles of wrist arthroscopy and technique (setup, instruments, triangulation principle)
- Wrist arthroscopic anatomy and portals
- Indications-Complications

9:30 am ◆ HANDS-ON SESSION 1

- Presentation of setup, instruments, Portals (3-4, 6R, 1-2, UMC, RMC)
- Exploration of normal wrist joint (radio-carpal, midcarpal)
- Removal of loose bodies, synovectomy

12:30 pm ◇ LUNCH AT THE INSTITUTE

1:30 pm ◆ THEORETICAL SESSION 2

- Removal of dorsal wrist ganglia
- Removal of volar wrist ganglia
- Radial styloidectomy
- Distal resection of ulnar head
- TFCC peripheral repair

2:30 pm ◆ HANDS-ON SESSION 2

- Dorsal and volar ganglia resection,
- Radial styloidectomy
- Arthroscopic wafer
- TFCC peripheral repair

6:00 pm ◇ END OF SESSION

8:00 pm ◇ DINNER IN HONOR OF THE PARTICIPANTS

8:00 am ◇ EVALUATION OF THE PREVIOUS DAY'S SESSIONS

8:30 am ◆ THEORETICAL SESSION 3

- Scapholunate ligament complex SLLC, anatomical basis and arthroscopic assessment
- SLI ADCLR technique
- Scaphoid fracture: arthroscopic assisted technique
- Distal radius fracture: arthroscopic assisted technique and controversies about ligament repair

9:30 am ◆ HANDS-ON SESSION 3

- ADCLR technique
- Scaphoid fracture osteosynthesis + arthroscopic assistance
- Distal radius fracture osteosynthesis + arthroscopic assistance

1:30 pm ◇ LUNCH AT THE INSTITUTE

2:30 pm ◆ IRCAD-IWC SEASONAL WRIST FORUM

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

4:30 pm ◇ END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE