

8:00 am ◇ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am ◆ THEORETICAL SESSION 1 - TFCC

SL Reconstruction

- Anatomy incl. biomechanics, classification
- Arthroscopic assisted SL-Reconstruction
- "My technique" by 3 experts
- Discussion with 2 or 3 cases

Extrinsic ligaments

- Anatomy and biomechanics of extrinsic ligaments
- Traumatic non-dissociative carpal instability
- Perilunate instability
- Case discussions

10:00 am ◆ HANDS-ON SESSION 1

- According to the topic, different techniques of SL-reconstruction, ADCLR enlarged, then more hybrid techniques, extrinsic

12:30 pm ◇ LUNCH AT THE INSTITUTE

1:30 pm ◆ THEORETICAL SESSION 2 - SL, LT AND PERILUNATE INJURIES

TFCC: Foveal repair and reconstruction

- Anatomy and biomechanics, pisiform-triquetral arthroscopy
- "My technique" by 3 experts
- Discussion with 2 or 3 cases

Arthroplasty with interposition resection

- "My technique" by 2-3 experts,
- Discussion with 2 or 3 cases

2:30 pm ◆ HANDS-ON SESSION 2

- According to the topic, different techniques for TFCC-reconstruction (hybrid, arthroscopic assisted, open, different techniques of interposition arthroplasty)

6:00 pm ◇ END OF SESSION

8:00 pm ◇ DINNER IN HONOR OF THE PARTICIPANTS

8:00 am ◇ EVALUATION OF THE PREVIOUS DAY'S SESSIONS

8:30 am ◆ THEORETICAL SESSION 3

*Scaphoid non-union*

- Anatomy incl Blood supply, Biomechanics
- SNU - "My technique" by 3 experts (Choice of graft, Choice /necessity of reduction, Choice of osteosynthesis, proximal pole)
- Discussion with 2 or 3 cases

*Arthroscopic bone fusion and scaphoid excision*

- "My technique" by 2-3 experts

*Kienböck's disease*

- Introductory talk with anatomy, staging, histology, MRI, CT, etc
- Arthroscopic treatment in different stages
- Different options and techniques by different speakers

9:30 am ◆ HANDS-ON SESSION 3

- SNU different techniques
- Partial bone fusion
- Kienböck's disease

1:30 pm ◇ LUNCH AT THE INSTITUTE

2:30 pm ◆ IRCAD-IWC SEASONAL WRIST FORUM

- Roundtable
- Discussion of clinical cases
- Q&A
- Debriefing

4:30 pm ◇ END OF THE COURSE  
DELIVERY OF CERTIFICATES OF ATTENDANCE