



## HOLMIUM LASER ENUCLEATION OF THE PROSTATE (HOLEP)

THEORETICAL SESSIONS, VIDEOS, HANDS-ON PRACTICE ON ANATOMICAL SPECIMENS  
ADVANCED COURSE

October 20-21

### COURSE ORGANIZATION

**T. Piechaud** (FR)

### COURSE DIRECTORS

**X. Gamé** (FR)

**R. Mallet** (FR)

**C. Saussine** (FR)

8:15 am – REGISTRATION AND WELCOMING OF PARTICIPANTS

8:30 am – **THEORETICAL SESSION**

Technical characteristics:

- Holmium laser
- Equipment:
  - For enucleation
  - For morcellation

Patient selection, information, and preparation for the procedure

**LIVE OPERATIVE DEMONSTRATIONS:**

- HOLEP: 3 lobes
- HOLEP: monobloc

2:00 pm – LUNCH AT THE INSTITUTE

1:30 pm – **HANDS-ON SESSION ON ANATOMICAL SPECIMENS**

- Enucleation of median lobe
- Enucleation of lateral lobes

4:30 pm – **THEORETICAL SESSION**

- Video sessions (pre-recorded)

6:30 pm – END OF THE DAY  
EVENING FREE

8:00 am – EVALUATION OF THE PREVIOUS DAY

8:15 am – **WORKSHOP**

- Apprenticeship, training path
- The technique: operating variants (video sequences) + tips and tricks
- Apex management
- Type of hospital stay and operating room set-up
- State-of-the-art and literature review
- HoLEP and sexuality
- Special cases: resected prostate, large volumes
- Anticoagulant management
- Complications and risk management

12:00 pm – **CONCLUSION**

12:30 pm – END OF THE COURSE  
DELIVERY OF CERTIFICATES  
OF ATTENDANCE

12:35 pm – LUNCH-BUFFET AT  
THE INSTITUTE