



2022
STRASBOURG UNIVERSITY

HOLMIUM LASER ENUCLEATION OF THE PROSTATE (HOLEP)

THEORETICAL SESSIONS, VIDEOS, HANDS-ON PRACTICE ON ANATOMICAL SPECIMENS
ADVANCED COURSE

May 20-21

(French speaking course)

November 30 – December 1

(English speaking course)

COURSE ORGANIZATION

T. Piechaud (FR)

COURSE DIRECTORS

X. Gamé (FR)

R. Mallet (FR)

C. Saussine (FR)

Join our courses dedicated to Holmium enucleation of the prostate.

These full immersion workshops are intended for urologic surgeons, fellows, and residents in training across the world.

They have been structured to provide didactic lectures, surgical video demonstrations, and hands-on practice on anatomical specimens. During practical sessions, there will be 3 participants per table, supervised by an expert.

DAY 1

HOLMIUM LASER ENUCLEATION OF THE PROSTATE (HOLEP)

8:15 am ◦ REGISTRATION AND WELCOMING OF PARTICIPANTS

8:30 am ◦ **THEORETICAL SESSION**

Technical characteristics:

- > Holmium laser
- > Equipment:
 - For enucleation
 - For morcellation

Patient selection, information, and preparation for the procedure

LIVE OPERATIVE DEMONSTRATIONS:

- > HOLEP: 3 lobes
- > HOLEP: monobloc

1:00 pm ◦ LUNCH AT THE INSTITUTE

2:00 pm ◦ **HANDS-ON SESSION ON ANATOMICAL SPECIMENS**

- > Enucleation of median lobe
- > Enucleation of lateral lobes

4:30 pm ◦ **THEORETICAL SESSION**

- > Video sessions (prerecorded)

6:30 pm ◦ END OF THE DAY
EVENING FREE

DAY 2

HOLMIUM LASER ENUCLEATION OF THE PROSTATE (HOLEP)

8:00 am ◦ EVALUATION OF THE PREVIOUS DAY

8:15 am ◦ **WORKSHOP**

- > Apprenticeship, training path
- > The technique: operating variants (video sequences) + Tips and tricks
- > Apex management
- > Type of hospital stay and operating room set-up
- > State-of-the-art and literature review
- > HoLEP and sexuality
- > Special cases: resected prostate, large volumes
- > Anticoagulant management
- > Complications and risk management

12:00 pm ◦ **CONCLUSION**

12:30 pm ◦ END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE

12:35 pm ◦ LUNCH-BUFFET AT THE INSTITUTE

COURSE OBJECTIVES

- > To provide the knowledge to facilitate the transition from the learning curve, to allow technical development and eventually move towards monobloc management
- > To describe the different techniques (monobloc, two or three lobes, management of the apex) and the equipment available
- > To describe and show videos of the ejaculation preservation
- > To demonstrate two live surgeries allowing to see a monobloc and multilobed enucleation with interaction with the OP room
- > To describe peri-operative management of anticoagulant in BPH surgery
- > To provide the outcomes and potential complications of the technique

EDUCATIONAL METHODS

- > Interactive theoretical and video sessions between faculty and course participants
 - > Live and pre-recorded operative demonstrations
 - > Practical training on anatomical specimens
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