

8:00 am – REGISTRATION AND WELCOMING OF PARTICIPANTS

8:30 am – **THEORETICAL SESSION 1**

- History and principles of wrist arthroscopy
- Wrist arthroscopy anatomy
- Indications-Complications
- Technique and portals
- Removal of dorsal and volar synovial cyst

9:30 am – **HANDS-ON SESSION 1**

- Exploration of normal wrist joint
- Removal of foreign body, synovectomy, removal of synovial cyst

12:30 pm – LUNCH AT THE INSTITUTE

1:30 pm – **THEORETICAL SESSION 2**

- Styloidectomy
- Distal resection of the ulna
- Principle of TFCC repair
- Extrinsic ligaments in scapholunate stability
- Scapholunate tear: arthroscopic repair

2:30 pm – **HANDS-ON SESSION 2**

- Styloidectomy, Peripheral TFCC repair, Wafer, WADCLR

6:00 pm – END OF SESSION

8:00 pm – FACULTY AND PARTICIPANTS DINNER

8:00 am — EVALUATION OF THE PREVIOUS DAY

8:30 am — **THEORETICAL SESSION 3**

- Distal radius fracture
- Scaphoid fracture
- Scaphoid fracture - fibrous non-unions : graft or not?
- Scaphoid non-union
- Arthroscopic grafting of lunate bone ganglion

9:30 am — **HANDS-ON SESSION 3**

- Radius and scaphoid fracture
- Bone grafting: scaphoid, lunate

12:30 pm — LUNCH AT THE INSTITUTE

1:00 pm — **E-CONGRESS**

- Lectures
- Re-Live Video
- Discussion of clinical cases

2:30 pm — **OPEN WRIST SESSION**

- Distal radius session
- Trapezium implant
- Total wrist prosthesis
- Other techniques

4:30 pm — END OF COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE