## WRIST ARTHROSCOPY - BASIC COURSES

With the support of IWAS and APWA



2024



S T R A S B O U R G U N I V E R S I T Y

**MARCH 1 - 2** 

Course supervisors J.R. Haugstvedt (NO) C. Mathoulin (FR) MAY 17 - 18

General directors
M. Levadoux (FR)
F M Baur (DE)

NOVEMBER 29 - 30

Course directors A. Arnaout (FR) 3. Džula (SK) Seasonal Wrist Forum
Course directors
C. Taleb (FR)
L. Marcovici (IT)

## WRIST ARTHROSCOPY - BASIC COURSES

## 8:00 am o REGISTRATION AND WELCOMING OF THE PARTICIPANTS

## 8:30 am • THEORETICAL SESSION 1

- History and principles of wrist arthroscopy
- Wrist arthroscopy anatomy
- Indications-complications
- Technique and portals
- Removal of dorsal and volar synovial cyst

## 9:30 am • HANDS-ON SESSION 1

- Exploration of normal wrist joint
- Removal of foreign body, synovectomy, removal of synovial cyst

## 12:30 pm • LUNCH AT THE INSTITUTE

## 1:30 pm • THEORETICAL SESSION 2

- Styloidectomy
- · Distal resection of the ulna
- Principle of TFCC repair

## 2:30 pm • HANDS-ON SESSION 2

• Styloidectomy, peripheral TFCC repair, wafer, WADCLR

# 6:00 pm · END OF SESSION EVENING FREE

## WRIST ARTHROSCOPY - BASIC COURSES

## 8:00 am • EVALUATION OF THE PREVIOUS DAY

## 8:30 am • THEORETICAL SESSION 3

- Scapholunate tear: arthroscopic repair
- · Distal radius fracture
- · Scaphoid fracture

## 9:30 am • HANDS-ON SESSION 3

- Radius and scaphoid fracture
- Scaphoid fracture
- Wrist arthroscopic dorsal capsulo-ligamentous repair of SL

## 12:30 pm · LUNCH AT THE INSTITUTE

## 1:00 pm • IRCAD-IWC SEASONAL WRIST FORUM

- Roundtable
- Discussion of clinical cases

## 2:30 pm • OPEN WRIST SESSION

- CMC arthroscopy
- Free wrist arthroscopy
- Shortening ulna plate
- Other techniques

## 4:30 pm · END OF THE COURSE DELIVERY OF CERTIFICATES OF ATTENDANCE