

WRIST ARTHROSCOPY – BASIC COURSES

With the support of IWAS and APWA



2024

ircad
France

STRASBOURG
UNIVERSITY

MARCH 1 - 2

NOVEMBER 29 - 30

Course supervisors

J.R. Haugstvedt (NO)
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General directors

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Course directors

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Seasonal Wrist Forum
Course directors

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WRIST ARTHROSCOPY - BASIC COURSES

FRIDAY

8:00 am ◦ REGISTRATION AND WELCOMING OF THE PARTICIPANTS

8:30 am • **THEORETICAL SESSION 1**

- History and principles of wrist arthroscopy
- Wrist arthroscopy anatomy
- Indications-complications
- Technique and portals
- Removal of dorsal and volar synovial cyst

9:30 am • **HANDS-ON SESSION 1**

- Exploration of normal wrist joint
- Removal of foreign body, synovectomy, removal of synovial cyst

12:30 pm ◦ LUNCH AT THE INSTITUTE

1:30 pm • **THEORETICAL SESSION 2**

- Styloidectomy
- Distal resection of the ulna
- Principle of TFCC repair

2:30 pm • **HANDS-ON SESSION 2**

- Styloidectomy, peripheral TFCC repair, wafer, WADCLR

6:00 pm ◦ END OF SESSION
EVENING FREE

WRIST ARTHROSCOPY - BASIC COURSES

SATURDAY

8:00 am ◦ **EVALUATION OF THE PREVIOUS DAY**

8:30 am • **THEORETICAL SESSION 3**

- Scapholunate tear: arthroscopic repair
- Distal radius fracture
- Scaphoid fracture

9:30 am • **HANDS-ON SESSION 3**

- Radius and scaphoid fracture
- Scaphoid fracture
- Wrist arthroscopic dorsal capsulo-ligamentous repair of SL

12:30 pm ◦ **LUNCH AT THE INSTITUTE**

1:00 pm • **IRCAD-IWC SEASONAL WRIST FORUM**

- Roundtable
- Discussion of clinical cases

2:30 am • **OPEN WRIST SESSION**

- CMC arthroscopy
- Free wrist arthroscopy
- Shortening ulna plate
- Other techniques

4:30 pm ◦ **END OF THE COURSE**

DELIVERY OF CERTIFICATES OF ATTENDANCE

This program may be subject to modifications.