ELBOW ARTHROSCOPY COURSE

WITH THE SUPPORT OF SECEC-ESSSE

FEBRUARY 9 - 10

2024

Course supervisor
C. Mathoulin (FR)

Course directors
M. Burnier (FR)
R. van Riet (BE)

Guest speaker
R. Barco (ES)
This course is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS). EACCME credits are also recognized by the American Medical Association towards the Physician’s Recognition Award (PRA).
COURSE SUPERVISOR

Christophe MATHOULIN France

GENERAL DIRECTORS

Marion BURNIER France
Roger VAN RIELT Belgium

GUEST SPEAKER

Raul BARCO Spain

FACULTY

Paolo ARRIGONI Italy
Pieter CAEKEBEKE Belgium
Jan DEBEIJ The Netherlands
Denise EYGENDAAL The Netherlands
Michael HACKL Germany
Guillaume HERZBERG France
Pierre LAUMONIERE France
Joideep PHADNIS United Kingdom
Lotte VERSTUYFT Belgium
Adam WATTS United Kingdom
Kilian WEGMANN Germany

Each IRCAD faculty member confirms that any conflict of interest they may declare has no bearing on any scientific activity during the courses: all course content is fair, balanced, and free of commercial bias.
## Friday, February 9 - 2024

### MORNING

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Chairmen</th>
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<tbody>
<tr>
<td>08.00 am</td>
<td>WELCOMING OF PARTICIPANTS</td>
<td>M. BURNIER &amp; R. VAN RIET</td>
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<tr>
<td>08.30 am</td>
<td>Lecture session 1</td>
<td>How to start Elbow Arthroscopy</td>
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<td>Chairmen: G. HERZBERG and P. CAEKEBEKE</td>
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<td></td>
<td>• Clinical elbow examination - Interactive session</td>
<td>P. CAEKEBEKE – 15’</td>
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<td>• Arthroscopic elbow exploration: step by step to make it easy and safe</td>
<td>K. WEGMANN – 15’</td>
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<td>• Indications of elbow arthroscopy</td>
<td>J. PHADNIS – 15’</td>
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<td></td>
<td>• Complications of elbow arthroscopy</td>
<td>M. BURNIER – 10’</td>
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<td>• Guest Lecture</td>
<td>R. BARCO – 20’</td>
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<td>09.50 am</td>
<td>COFFEE BREAK</td>
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<tr>
<td>10.00 am</td>
<td>Practical session 1</td>
<td>Installation, portals, loose bodies removal</td>
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<td>Laboratory Demonstration:</td>
<td>R. BARCO and M. BURNIER – 30’</td>
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<td>Experts help participants directly at their allocated tables</td>
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<td>on an anatomical specimen with simultaneous teaching</td>
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<td>Individual practical training by participant</td>
<td>All Experts</td>
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<tr>
<td>01.00 pm</td>
<td>LUNCH AT THE INSTITUTE</td>
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Friday, February 9 - 2024

AFTERNOON

02.00 pm  Lecture session 2  
*From Epicondylitis to Lateral Instability*

*Chairmen: J. PHADNIS and J. DEBEIJ*

- Osteochondritis Dissecans  
  D. EYGENDAAL – 10’
- Arthroscopic tennis elbow treatment technique (video)  
  L. VERSTUYFT – 5’
- Open treatment for elbow instability  
  M. HACKL – 10’
- Mini Open Treatment for Elbow instability  
  G. HERZBERG – 10’
- Arthroscopic treatment of instability (video)  
  P. ARRIGONI – 5’

Clinical Cases

Panel discussion when arthroscopy, when open?  
*All faculty – 20’*

Group picture in the auditorium

03.10 pm  Practical session 2

Lateral epicondylitis, plica removal, arthroscopic ligament plicature

Laboratory Demonstration:

- Plicature  
  R. VAN RIET – 15’
- Lateral Epicondylitis  
  M. BURNIER – 15’

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching

Individual practical training by participant  
*All Experts*

06.00 pm  END OF THE SESSION

08.00 pm  DINNER IN HONOR OF PARTICIPANTS – Brasserie Les Haras
3 rue des Glacières – 67000 Strasbourg

Programme subject to modifications
Saturday, February 10 - 2024

MORNING

07.45 am  EVALUATION OF THE PREVIOUS DAY

08.00 am  Lecture session 3  
What about Elbow Arthroscopy in Traumatology?  

Chairmen: M. BURNIER and R. BARCO

- New classification  
- Arthroscopic radial head fixation: technique video  
- Open radial head fixation (video)  
- Arthroscopic coronoid fixation, technique video

A. WATTS – 10’  
K. WEGMANN – 10’  
P. LAUMONERIE – 10’  
R. VAN RIET – 10’

08.40 am  What about Elbow Endoscopy?  

Chairmen: D. EYGENDAAL and M. HACKL

- Endoscopic Biceps  
- Ulnar nerve

P. CAEKEBEKE – 10’  
J. DEBEIJ – 10’

Clinical Cases  
3-4 cases  
All faculty – 30’

09.30 am  COFFEE BREAK

09.40 am  Practical session 3  

Radial head fixation, coronoid fixation (Cannulated screw / Coronoid plate)  
Laboratory Demonstration (or technique video):  

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching  
Individual practical training by participant

A. WATTS – 30’

All Experts

12.30 pm  LUNCH AT THE INSTITUTE
Saturday, February 10 - 2024

AFTERNOON

01.15 pm  Lecture session 4
Arthroscopic Treatment of Elbow Contracture

Chairmen: L. VERSTUYFT and K. WEGMANN

- Etiology of elbow stiffness. Treatment of non-arthritis post-traumatic elbow stiffness, arthroscopic or open  
  R. BARCO – 15’
- Arthroscopic arthrolysis for stiffness of the elbow: my indications and technique  
  A. WATTS – 10’
- Arthroscopic debridement for osteo arthritis of the elbow  
  R. VAN RIET – 10’

02:00 pm  Practical session 4

Elbow Arthrolysis, Osteophyte Resection and Olecranon Fossa Fenestration: tips and tricks

Laboratory Demonstration:  
A. WATTS – 30’

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching Individual practical training by participant  
All Experts

05.00 pm  END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE