

ELBOW ARTHROSCOPY COURSE

WITH THE SUPPORT OF SECEC-ESSE

FEBRUARY 9 - 10



2024

ircad
France

STRASBOURG
UNIVERSITY

Course supervisor

C. Mathoulin (FR)

Course directors

M. Burnier (FR)

R. van Riet (BE)

Guest speaker

R. Barco (ES)

COURSE ENDORSEMENTS AND ACCREDITATION

IRCAD-IWC course



organized under the patronage of SECEC-ESSSE



This course is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS). EACCME credits are also recognized by the American Medical Association towards the Physician's Recognition Award (PRA).



AMERICAN COLLEGE OF SURGEONS • DIVISION OF EDUCATION[®]
ACCREDITED EDUCATION INSTITUTES
ENHANCING PATIENT SAFETY THROUGH SIMULATION
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COURSE SUPERVISOR

Christophe MATHOULIN France

GENERAL DIRECTORS

Marion BURNIER France
 Roger VAN RIET Belgium

GUEST SPEAKER

Raul BARCO Spain

FACULTY

Paolo ARRIGONI	Italy
Pieter CAEKEBEKE	Belgium
Jan DEBEIJ	The Netherlands
Denise EYGENDAAL	The Netherlands
Michael HACKL	Germany
Guillaume HERZBERG	France
Pierre LAUMONERIE	France
Joideep PHADNIS	United Kingdom
Lotte VERSTUYFT	Belgium
Adam WATTS	United Kingdom
Kilian WEGMANN	Germany

Each IRCAD faculty member confirms that any conflict of interest they may declare has no bearing on any scientific activity during the courses: all course content is fair, balanced, and free of commercial bias

Friday, February 9 - 2024

MORNING

08.00 am **WELCOMING OF PARTICIPANTS** *M. BURNIER & R. VAN RIET*

08.30 am **Lecture session 1**
How to start Elbow Arthroscopy

Chairmen: G. HERZBERG and P. CAEKEBEKE

- Clinical elbow examination - Interactive session *P. CAEKEBEKE - 15'*
- Arthroscopic elbow exploration: step by step to make it easy and safe *K. WEGMANN - 15'*
- Indications of elbow arthroscopy *J. PHADNIS - 15'*
- Complications of elbow arthroscopy *M. BURNIER - 10'*
- Guest Lecture *R. BARCO - 20'*

09.50 am **COFFEE BREAK**

10.00 am **Practical session 1**

Installation, portals, loose bodies removal

Laboratory Demonstration:

R. BARCO and M. BURNIER - 30'

Experts help participants directly at their allocated tables
 on an anatomical specimen with simultaneous teaching
 Individual practical training by participant

All Experts

01.00 pm **LUNCH AT THE INSTITUTE**

Friday, February 9 - 2024

AFTERNOON

02.00 pm **Lecture session 2** *From Epicondylitis to Lateral Instability*

Chairmen: J. PHADNIS and J. DEBEIJ

- | | |
|---|---------------------------|
| • Osteochondritis Dissecans | D. EYGENDAAL - 10' |
| • Arthroscopic tennis elbow treatment technique (video) | L. VERSTUYFT - 5' |
| • Open treatment for elbow instability | M. HACKL - 10' |
| • Mini Open Treatment for Elbow instability | G. HERZBERG - 10' |
| • Arthroscopic treatment of instability (video) | P. ARRIGONI - 5' |

Clinical Cases

Panel discussion when arthroscopy, when open? **All faculty - 20'**

[Group picture in the auditorium](#)

03.10 pm **Practical session 2**

Lateral epicondylitis, plica removal, arthroscopic ligament plicature

Laboratory Demonstration:

- | | |
|-------------------------|--------------------------|
| • Plicature | R. VAN RIET - 15' |
| • Lateral Epicondylitis | M. BURNIER - 15' |

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching

Individual practical training by participant **All Experts**

06.00 pm END OF THE SESSION

08.00 pm DINNER IN HONOR OF PARTICIPANTS – Brasserie Les Haras
23 rue des Glacières – 67000 Strasbourg

Saturday, February 10 - 2024

MORNING

07.45 am EVALUATION OF THE PREVIOUS DAY

08.00 am **Lecture session 3**
What about Elbow Arthroscopy in Traumatology?

Chairmen: M. BURNIER and R. BARCO

- New classification **A. WATTS - 10'**
- Arthroscopic radial head fixation: technique video **K. WEGMANN - 10'**
- Open radial head fixation (video) **P. LAUMONERIE - 10'**
- Arthroscopic coronoid fixation, technique video **R. VAN RIET - 10'**

08.40 am ***What about Elbow Endoscopy?***

Chairmen: D. EYGENDAAL and M. HACKL

- Endoscopic Biceps **P. CAEKEBEKE - 10'**
- Ulnar nerve **J. DEBEIJ - 10'**

Clinical Cases

3-4 cases

All faculty - 30'

09.30 am COFFEE BREAK

09.40 am **Practical session 3**

Radial head fixation, coronoid fixation (Cannulated screw / Coronoid plate)

Laboratory Demonstration (or technique video):

A. WATTS - 30'

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching
 Individual practical training by participant

All Experts

12.30 pm LUNCH AT THE INSTITUTE

Saturday, February 10 - 2024

AFTERNOON

01.15 pm **Lecture session 4** *Arthroscopic Treatment of Elbow Contracture*

Chairmen: *L. VERSTUYFT and K. WEGMANN*

- Etiology of elbow stiffness. Treatment of non-arthritis post-traumatic elbow stiffness, arthroscopic or open **R. BARCO - 15'**
- Arthroscopic arthrolysis for stiffness of the elbow: my indications and technique **A. WATTS - 10'**
- Arthroscopic debridement for osteo arthritis of the elbow **R. VAN RIET - 10'**

02:00 pm **Practical session 4**

Elbow Arthrolysis, Osteophyte Resection and Olecranon Fossa Fenestration: tips and tricks

Laboratory Demonstration: **A. WATTS - 30'**

Experts help participants directly at their allocated tables on an anatomical specimen with simultaneous teaching
Individual practical training by participant

All Experts

05.00 pm **END OF THE COURSE** **DELIVERY OF CERTIFICATES OF ATTENDANCE**