



WRIST ARTHROSCOPY - BASIC COURSE

2025

WITH THE SUPPORT OF IWAS AND APWA

DATE

MARCH 7 - 8

SUPERVISORS

C. Mathoulin (FR)

J.R. Haugstvedt (NO) — P. Liverneaux (FR)

COURSE MANAGERS

L. Marcovici (IT) — C. Taleb (FR)

GENERAL DIRECTORS

A. Arnaout (FR) — L. Merlini (FR)

SEASONAL WRIST FORUM
COURSE MANAGERS

L. Marcovici (IT) — C. Taleb (FR)

COURSE ENDORSEMENTS AND ACCREDITATION

IRCAD-IWC & IWAS course



organized in collaboration with **APWA, EWA & LAWA**



With the support of **IFSSH, FESSH, APFSSH, SFCM**



This course is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS).

EACCME credits are also recognized by the American Medical Association towards the Physician's Recognition Award (PRA).



AMERICAN COLLEGE OF SURGEONS • DIVISION OF EDUCATION
ACCREDITED EDUCATION INSTITUTES
ENHANCING PATIENT SAFETY THROUGH SIMULATION

ACCREDITED EDUCATION INSTITUTE

SUPERVISORS

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Jan-Ragnar HAUGSTVEDT	Oslo Hand Center, Oslo, Norway
Philippe LIVERNEAUX	Hôpitaux Universitaires, Strasbourg, France

GENERAL DIRECTORS

Ahlam ARNAOUT	International Wrist Center, Paris, France
Lorenzo MERLINI	International Wrist Center, Paris, France

COURSE MANAGERS

Lucian Lior MARCOVICI	Jewish Hospital of Rome, Rome, Italy
Chihab TALEB	Groupe Hospitalier Mulhouse Et Région Sud Alsace, Mulhouse, France

SEASONAL WRIST FORUM COURSE MANAGERS

Lucian Lior MARCOVICI	Jewish Hospital of Rome, Rome, Italy
Chihab TALEB	Groupe Hospitalier Mulhouse Et Région Sud Alsace, Mulhouse, France

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Istituto Clinico S.Anna, Brescia, Italy

Endre SOREIDE

University Hospital, Oslo, Norway

Francesca TEODONNO

Hospital Rey Juan Carlos, Madrid, Spain

Each IRCAD faculty member confirms that any conflict of interest they may declare has no bearing on any scientific activity during the courses: all course content is fair, balanced, and free of commercial bias.

COURSE OBJECTIVES

- Be confident with the scope
- Be confident with triangulation
- Master the main arthroscopic portals
- Become familiar with wrist arthroscopic anatomy
- Be confident with the basic techniques, and some ligaments arthroscopic repair

Friday, March 7 - 2025

MORNING

08.00 am WELCOMING OF PARTICIPANTS

08.15 am Theoretical session 1

GENERAL PRINCIPLES

Chairpersons: *A. ARNAOUT - L.L. MARCOVICI*

- Principles of wrist arthroscopy and technique (setup, instruments, triangulation principle) (15 min) **A. ABITBOL**
- Wrist arthroscopic anatomy and portals (20 min) **G. PRUNIERES**
- Indications-Complications (15 min) **C. TALEB**
- Questions & discussion (10 min) **All participants & Experts**

09.15-09.30 am COFFEE BREAK (15 min)

09.30 am Hands-on session 1

Procedures:

- Portals
- Exploration of normal wrist joint
- Removal of foreign body
- Synovectomy

All Experts

Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables)

12.30 pm LUNCH AT THE INSTITUTE

Friday, March 7 - 2025

AFTERNOON

01.15 pm **GROUP PICTURE** *All participants & Experts*

01.30 pm **Theoretical session 2**

BASIC TECHNIQUES

Chairpersons: S.R. CHUNG – J. SANCHEZ RUAS

- Removal of dorsal wrist ganglia (10 min)
- Removal of volar wrist ganglia (10 min)
- Radial styloidectomy (10 min)
- Distal resection of the ulna head (10 min)
- TFCC : peripheral repair (20 min)

S.R. CHUNG
C. NUNES
F. TEODONNO
A. SGARBOSSA
L.L. MARCOVICI

- Questions & discussion (15 min)

All participants & Experts

02.45-03.00 pm **COFFEE BREAK (15 min)**

03.00 pm **Hands-on session 2**

Procedures:

- Dorsal wrist ganglion
- Styloidectomy
- WAFER

All Experts

Experts help students directly at their allocated tables on an anatomical specimen with simultaneous teaching. Individual practical training by students (1 expert for 2 operating tables)

06.00 pm **END OF THE SESSION**

08.00 pm **FACULTY & PARTICIPANTS DINNER**

Saturday, March 8 - 2025

MORNING

08.00 am EVALUATION OF THE PREVIOUS DAY

08.30 am Theoretical session 3

SCAPHOLUNATE, SCAPHOID & DRF FRACTURES

Chairpersons: G. PRUNIERES – C. TALEB

- Scapholunate ligament complex SLLC: anatomical basis and arthroscopic assessment (15 min) **C. PRENAUD**
- SLI ADCLR technique (15 min) **J.B. DE VILLENEUVE B.**
- Scaphoid fracture: arthroscopic assisted technique (10 min) **G. SCHMIDLE**
- Distal radius fracture: arthroscopic assisted technique (10 min) **J. SANCHEZ RUAS**
- Question & discussion (10 min) **All participants & Experts**

09.30-09.45 am COFFEE BREAK (15 min)

09.45 am Hands-on session 3

Procedures:

- TFCC peripheral repair
- ADCLR technique
- Distal radius fracture: osteosynthesis/arthroscopic assistance (plate)
- Scaphoid fracture: osteosynthesis/arthroscopic assistance (screw)
- Free session from 12.15 pm to 1.30 pm

All Experts

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01.30 pm LUNCH AT THE INSTITUTE

Saturday, March 8 - 2025

AFTERNOON

02.30 pm **Seasonal Wrist Forum**

WRIST ULNAR SIDED PAIN

Chairpersons: L. L. MARCOVICI – S. MORAN – C. TALEB

Moderators: A. ARNAOUT – L. MERLINI

02.30 pm **LECTURES**

- ECU disorders and mistaken diagnosis (15 min) **R. KAEMPF**
- From 20 years of experience in TFCC peripheral tears (15 min) **E. SOREIDE**
- Piso triquetral arthritis (15 min) **V. CARRATALA**
- Discussion with the panel (15 min)

03.30 pm **FORUM OF CLINICAL CASES**

- Arthroscopic management of acute perilunate dislocations (15 min) **J. SANCHEZ RUAS**
- The arthroscopic reconstruction of LT ligament (15 min) **A. AMUNDSEN**
- Discussion with the panel (15 min)

04.30 pm **END OF THE COURSE**
DELIVERY OF CERTIFICATES OF ATTENDANCE



WRIST ARTHROSCOPY - ADVANCED COURSE

2025

WITH THE SUPPORT OF IWAS AND APWA

DATE

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SUPERVISORS

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V. Carratala (ES)

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COURSE MANAGER

Vicente CARRATALA	Hospital Quironsalud, Valencia, Spain
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FACULTY

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Pedro Jose DELGADO SERRANO	Hospital Montepincipe, Madrid, Spain
Ricardo KAEMPF DE OLIVEIRA	Centro Clinico Mae de Deus, Porto Alegre, Brazil
Steven MORAN	Mayo Clinic Rochester, Rochester, USA
Jaime SANCHEZ RUAS	Private practice, Madrid & Santander, Spain
Endre SOREIDE	University Hospital, Oslo, Norway

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COURSE OBJECTIVES

- Be perfectly confident with basic techniques previously learned
- Be confident with scoping the DRUJ
- Be confident in anchor-based ligament repair
- Be confident with simple ligament reconstruction techniques
- Be confident with CMC arthroscopy
- Be confident with scaphoid nonunion arthroscopic management
- Be familiar with some arthritis related technique

Friday, March 7 - 2025

MORNING

08.00 am WELCOMING OF PARTICIPANTS

08.15 am Theoretical session 1

TFCC / ULNA

Chairpersons: L. MERLINI – S. MORAN

- TFCC foveal refixation (transosseous or anchor) (20 min)
- TFCC reconstruction (15 min)
- DRUJ arthroscopy (10 min)
- Questions & discussion (15 min)

A. AMUNDSEN
V. CARRATALA
E. SOREIDE

All participants & Experts

09.30-09.45 am COFFEE BREAK (15 min)

09.45 am Hands-on session 1

Procedures:

- DRUJ arthroscopy
- TFCC repair, TFCC foveal refixation
- TFCC reconstruction

All Experts

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12.30 pm LUNCH AT THE INSTITUTE

Friday, March 7 - 2025

AFTERNOON

01.15 pm **GROUP PICTURE** *All participants & Experts*

01.30 pm **Theoretical session 2**

SL, LT

Chairpersons: **A. AMUNDSEN – P.J. DELGADO**

- SL wide ADCLR (10 min)
- SL volar repair (10 min)
- SL reconstruction (10 min)
- LT repair and reconstruction (10 min)
- Perilunate dislocation management (10 min)

- Questions & discussion (15 min)

A. ARNAOUT
L. MERLINI
P.J. DELGADO
A. AMUNDSEN
R. KAEMPF

All participants & Experts

02.45-03.00 pm **COFFEE BREAK (15 min)**

03.00 pm **Hands-on session 2**

Procedures:

- SL wide ADCLR, supercapsuloplasty, double capsuloplasty, ...
- SL volar repair
- SL reconstruction
- LT repair and reconstruction

All Experts

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06.00 pm **END OF THE SESSION**

08.00 pm **FACULTY & PARTICIPANTS DINNER**

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08.00 am EVALUATION OF THE PREVIOUS DAY

08.30 am **Theoretical session 3**

ARTHRITIS

Chairpersons: *A. ARNAOUT - V. CARRATALA*

- Scaphoid nonunion arthroscopic graft (20 min)
- CMC arthroscopy and arthritis treatment options (15 min)
- STT arthritis treatment (15 min)

- Question & discussion (15 min)

R. KAEMPF
P.J. DELGADO
S. MORAN

All participants & Experts

09.35-09.50 am COFFEE BREAK (15 min)

09.50 am **Hands-on session 3**

Procedures:

- Scaphoid nonunion grafting
- Distal radius core decompression
- STT resection techniques
- CMC: partial resection, interposition, suspensoplasty
- Free session from 12.15 pm to 1.30 pm

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