

# ELBOW ARTHROSCOPY COURSE

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## PROGRAMME

**ircad**  
France  
STRASBOURG  
UNIVERSITY



DATE  
**FEBRUARY 13 - 14**

COURSE SUPERVISOR  
**C. Mathoulin (FR)**

GENERAL DIRECTORS  
**M. Burnier (FR)**  
**R. van Riet (BE)**

## COURSE ENDORSEMENTS AND ACCREDITATION

### IRCAD-IWC course



organized under the patronage of SECEC



This course is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS).

EACCME credits are also recognized by the American Medical Association towards the Physician's Recognition Award (PRA).



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**ACCREDITED EDUCATION INSTITUTES**  
 ENHANCING PATIENT SAFETY THROUGH SIMULATION  
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## COURSE SUPERVISOR

Christophe MATHOULIN *International Wrist Center, Paris, France*

## GENERAL DIRECTORS

Marion BURNIER *ICMMS, Lyon, France*

Roger VAN RIET *(online) AZ Monica Deurne, Antwerpen, Belgium*

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***Each IRCAD faculty member confirms that any conflict of interest they may declare has no bearing on any scientific activity during the courses: all course content is fair, balanced, and free of commercial bias***

## **COURSE OBJECTIVES**

- To cover a broad spectrum of surgical procedures in elbow arthroscopic surgery
- To provide indications for surgical treatment and discuss operative complications
- To highlight technicalities of surgical interventions through the broadcasting of videos
- To allow discussion between the experts and the surgeon trainees
- To provide hands-on sessions to improve skills in elbow arthroscopic surgery through practice on anatomical specimens under experts' tutorials
- To describe postoperative clinical results and practical applications of evidence-based clinical medicine



# Friday, February 13 - 2026

## MORNING

08.15 am	REGISTRATION	
08.30 am	WELCOMING OF PARTICIPANTS	<i>M. BURNIER &amp; R. VAN RIET</i>

08.30 am	Lecture session 1 <i>Introduction to elbow arthroscopy</i>
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**Chairmen:** *P. Caekebeke – P. Mansat*

- 8.30-8.45 Clinical elbow examination *P. Mansat*
- 8.45-9.00 Arthroscopic elbow exploration: indications, step-by-step exploration, making it easy and safe *A.C. Angelo*
- 9.15-9.30. Useful and safe portals in elbow arthroscopy *E. Guerra*
- 9.30-9.45 Complications of elbow arthroscopy *C. Spross*

09.45 am	COFFEE BREAK
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10.00 am	Practical session 1
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### Laboratory demonstration:

**Installation, portals, loose bodies removal**

*A.C. Angelo – 30'*

Experts help participants directly at their allocated tables  
on an anatomical specimen with simultaneous teaching

Individual practical training by participant

*All faculty*

12.00 pm	LUNCH AT THE INSTITUTE
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# Friday, February 13 - 2026

## AFTERNOON

### 01.00 pm Lecture session 2 *From epicondylitis to lateral instability*

**Chairmen: A. Colozza – C. Azevedo**

- 1.00-1.15 When lateral elbow pain is not lateral epicondylitis **M. Burnier**
- 1.15-1.30 Percutaneous, open and arthroscopic tennis elbow treatment technique **N. Martinez**
- 1.30-1.45 Arthroscopic management / algorithm treatment of chronic lateral elbow instability: when and how do I plicate or fix? **C. Koukos**
- 1.45-2.00 Discussion

[Group picture in the auditorium](#)

### 02.00 pm Practical session 2

#### Laboratory Demonstration:

- **Lateral epicondylitis, arthroscopic ligament plicature** **P. Caekebeke – 15'**
- **Arthroscopic LLE reinsertion with anchor** **P. Arrigoni – 15'**

Experts help participants directly at their allocated tables  
on an anatomical specimen with simultaneous teaching  
Individual practical training by participant

**All faculty**

### 06.30 pm END OF THE SESSION

### 08.00 pm DINNER IN HONOR OF PARTICIPANTS – Brasserie Les Haras 23 rue des Glacières – 67000 Strasbourg

# Saturday, February 14 - 2026

## MORNING

07.50 am EVALUATION OF THE PREVIOUS DAY

08.00 am **Lecture session 3**  
***What about elbow arthroscopy in traumatology?***

**Chairmen:** *C. Koukos – A.C. Angelo*

- 8.00-8.15 Distal Biceps reinsertion: endoscopic and open approach  
***P. Caekebeke***
- 8.15-8.30 Role for arthroscopy in adult elbow trauma ***A. Foruria***
- 8.30-8.45 Arthroscopic fracture fixation ***A. Colozza***
- 8.45-9.00 Arthroscopic treatment of acute elbow instability ***P. Arrigoni***

09.00 am ***Arthroscopic treatment of elbow contracture***

- 9.00-9.15 Etiology of elbow stiffness, Indications for arthroscopic or open  
***P. Laumonerie***
- 9.15-9.30 Arthroscopic arthrolysis for stiffness of the elbow: technique  
***A. Watts***

09.30 am COFFEE BREAK

09.45 am **Practical session 3**

### Laboratory Demonstration:

- **Open Coronoid fixation (coronoid plate)** ***C. Spross – 15'***
- **Elbow arthrolysis, osteophyte resection and olecranon fossa fenestration: tips and tricks** ***A. Watts – 15'***

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on an anatomical specimen with simultaneous teaching  
Individual practical training by participant

***All faculty***

01.00 pm LUNCH AT THE INSTITUTE

# Saturday, February 14 - 2026

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## AFTERNOON

**02.00 pm**      ***Global Elbow Network Forum***

**Chairmen:** ***M. Burnier – A. Watts***

2:00-3:00 International Videoconference

2.00-2.30 Past Present and future of elbow arthroscopy    ***G. Bain***

2.30-3.00 Arthroscopic management for post traumatic stiff elbow    ***I.H.Jeon***

3:00-4.00 Clinical Cases

**04.00 pm**      **END OF THE COURSE**  
**DELIVERY OF CERTIFICATES OF ATTENDANCE**