

ELBOW ARTHROSCOPY COURSE

PROGRAMME

ircad
France
STRASBOURG
UNIVERSITY



DATE

FEBRUARY 13 - 14

COURSE SUPERVISOR

C. Mathoulin (FR)

GENERAL DIRECTORS

M. Burnier (FR)

R. van Riet (BE)

COURSE ENDORSEMENTS AND ACCREDITATION

IRCAD-IWC course



organized under the patronage of SECEC



This course is accredited by the European Accreditation Council for Continuing Medical Education (EACCME) to provide the following CME activity for medical specialists. The EACCME is an institution of the European Union of Medical Specialists (UEMS). EACCME credits are also recognized by the American Medical Association towards the Physician's Recognition Award (PRA).



AMERICAN COLLEGE OF SURGEONS • DIVISION OF EDUCATION®
ACCREDITED EDUCATION INSTITUTES
ENHANCING PATIENT SAFETY THROUGH SIMULATION
ACCREDITED EDUCATION INSTITUTE

COURSE SUPERVISOR

Christophe MATHOULIN *International Wrist Center, Paris, France*

GENERAL DIRECTORS

Marion BURNIER *ICMMS, Lyon, France*

Roger VAN RIET *(online)* *AZ Monica Deurne, Antwerpen, Belgium*

FACULTY & TRAINERS

Ana Catarina ANGELO	<i>Hospital do Sams, Lisboa, Portugal</i>
Paolo ARRIGONI	<i>University of Milano, Milano, Italy</i>
Clara AZEVEDO	<i>Hospital do Sams, Lisboa, Portugal</i>
Gregory BAIN <i>(online)</i>	<i>The Flinders University of South Australia, Adelaide, Australia</i>
Pieter CAEKEBEKE	<i>Ziekenhuis Oost-Limburg, Genk, Belgium</i>
Alessandra COLOZZA	<i>Hospital Ausl Romagna, Faenza, Italy</i>
Antonio FORURIA	<i>Hospital Universitario Fundación Jiménez Díaz, Madrid, Spain</i>
Enrico GUERRA	<i>Universita Degli Studi di Bologna, Bologna, Italy</i>
In-Ho JEON <i>(online)</i>	<i>University of Ulsan, South Korea</i>
Christos KOUKOS	<i>Private practice, Thessaloniki, Greece</i>
Pierre LAUMONERIE	<i>CHU, Bordeaux, France</i>
Pierre MANSAT	<i>Hôpital Purpan, Toulouse, France</i>
Natalia MARTINEZ	<i>Hospital Universitario Fundación Jiménez Díaz, Madrid, Spain</i>
Christian SPROSS	<i>Stadtspital, Zürich, Switzerland</i>
Adam WATTS	<i>Edge Hill University & Wrightington Hospital, Lancashire, UK</i>

Each IRCAD faculty member confirms that any conflict of interest they may declare has no bearing on any scientific activity during the courses: all course content is fair, balanced, and free of commercial bias

COURSE OBJECTIVES

- To cover a broad spectrum of surgical procedures in elbow arthroscopic surgery
- To provide indications for surgical treatment and discuss operative complications
- To highlight technicalities of surgical interventions through the broadcasting of videos
- To allow discussion between the experts and the surgeon trainees
- To provide hands-on sessions to improve skills in elbow arthroscopic surgery through practice on anatomical specimens under experts' tutorials
- To describe postoperative clinical results and practical applications of evidence-based clinical medicine

Friday, February 13 - 2026

MORNING

08.15 am	REGISTRATION	
08.30 am	WELCOMING OF PARTICIPANTS	M. BURNIER & R. VAN RIET

08.30 am	Lecture session 1 <i>Introduction to elbow arthroscopy</i>
----------	---

Chairmen: P. Caekebeke - P. Mansat

- 8.30-8.45 Clinical elbow examination **P. Mansat**
- 8.45-9.00 Arthroscopic elbow exploration: indications, step-by-step exploration, making it easy and safe **A.C. Angelo**
- 9.15-9.30. Useful and safe portals in elbow arthroscopy **E. Guerra**
- 9.30-9.45 Complications of elbow arthroscopy **C. Spross**

09.45 am	COFFEE BREAK
----------	--------------

10.00 am	Practical session 1
----------	---------------------

Laboratory demonstration:

Installation, portals, loose bodies removal

A.C. Angelo - 30'

Experts help participants directly at their allocated tables

on an anatomical specimen with simultaneous teaching

Individual practical training by participant

All faculty

12.00 pm	LUNCH AT THE INSTITUTE
----------	------------------------

Friday, February 13 - 2026

AFTERNOON

01.00 pm **Lecture session 2**

From epicondylitis to lateral instability

Chairmen: A. Colozza - C. Azevedo

- 1.00-1.15 When lateral elbow pain is not lateral epicondylitis **M. Burnier**
- 1.15-1.30 Percutaneous, open and arthroscopic tennis elbow treatment technique **N. Martinez**
- 1.30-1.45 Arthroscopic management / algorithm treatment of chronic lateral elbow instability: when and how do I plicate or fix? **C. Koukos**
- 1.45-2.00 Discussion

[Group picture in the auditorium](#)

02.00 pm **Practical session 2**

Laboratory Demonstration:

- **Lateral epicondylitis, arthroscopic ligament plication**
- **Arthroscopic LLE reinsertion with anchor**

P. Caekebeke - 15'
P. Arrigoni - 15'

Experts help participants directly at their allocated tables
on an anatomical specimen with simultaneous teaching
Individual practical training by participant

All faculty

06.30 pm **END OF THE SESSION**

08.00 pm **DINNER IN HONOR OF PARTICIPANTS – Brasserie Les Haras**
23 rue des Glacières – 67000 Strasbourg

Saturday, February 14 - 2026

MORNING

07.50 am **EVALUATION OF THE PREVIOUS DAY**

08.00 am **Lecture session 3**

What about elbow arthroscopy in traumatology?

Chairmen: C. Koukos - A.C. Angelo

- 8.00-8.15 Distal Biceps reinsertion: endoscopic and open approach

P. Caekebeke

- 8.15-8.30 Role for arthroscopy in adult elbow trauma ***A. Foruria***

- 8.30-8.45 Arthroscopic fracture fixation ***A. Colozza***

- 8.45-9.00 Arthroscopic treatment of acute elbow instability ***P. Arrigoni***

09.00 am ***Arthroscopic treatment of elbow contracture***

- 9.00-9.15 Etiology of elbow stiffness, Indications for arthroscopic or open

P. Laumonerie

- 9.15-9.30 Arthroscopic arthrolysis for stiffness of the elbow: technique

A. Watts

09.30 am **COFFEE BREAK**

09.45 am **Practical session 3**

Laboratory Demonstration:

- **Open Coronoid fixation (coronoid plate)**

C. Spross - 15'

- **Elbow arthrolysis, osteophyte resection and olecranon fossa**

A. Watts - 15'

fenestration: tips and tricks

Experts help participants directly at their allocated tables
on an anatomical specimen with simultaneous teaching
Individual practical training by participant

All faculty

01.00 pm **LUNCH AT THE INSTITUTE**

Saturday, February 14 - 2026

AFTERNOON

02.00 pm *Global Elbow Network Forum*

Chairmen: M. Burnier - A. Watts

2:00-3:00 International Videoconference

2.00-2.30 Past Present and future of elbow arthroscopy ***G. Bain***

2.30-3.00 Arthroscopic management for post traumatic stiff elbow ***I.H.Jeon***

3:00-4.00 Clinical Cases

**04.00 pm END OF THE COURSE
DELIVERY OF CERTIFICATES OF ATTENDANCE**